

# Information Pack

**Miles4Radiotherapy 2022**

1st July - 2nd October



Take on our Miles4Radiotherapy challenge and raise much needed funds for Radiotherapy UK.  
[www.radiotherapy.org.uk](http://www.radiotherapy.org.uk)



# Miles4Radiotherapy 2022



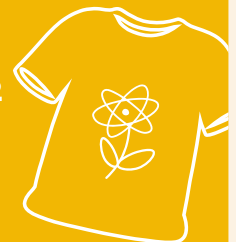
It's all happening from **1st July – 2nd October** and you can get involved by keeping active and raising much needed funds for Radiotherapy UK.

## All you have to do is move!

You can enter as team or an individual and this year we also want to hear about your personal challenges, whether it's a couch to 5k, a special event you're taking part in, or you are iron-manning it up – we are right behind you!

We receive no government funding, so its because of fantastic fundraisers like you and your teams that we are able to develop our services for radiotherapy patients and workforce and continue to campaign for improved access to high quality radiotherapy across the UK. **We are so thankful for your support.**

Registration opens on 1st June and closes on 30th June. Make sure to register by **Monday 20th June 2022** to receive your exclusive must-have item of the year – the 2022 Miles4Radiotherapy T-shirt!



**So, what are you waiting for...  
Sign Up Today!**



# How do I get involved?

## The 5 Steps...



1

## Register

Register your team or as an individual [here](#).

**Results Base** is an online events platform that is hosting Miles4Radiotherapy 2022 and is where you will upload your miles.

Registration is £20 and includes:

- Exclusive Miles4Radiotherapy 2022 t-shirt
- Weekly motivation and training advice emails
- Playlists
- Opportunity to win some special spot prizes.

2

## Fundraise

We would be so thankful if you try and **raise some sponsorship** as part of your challenge and help fund our work to support radiotherapy patients and the workforce. We appreciate every penny raised. To set up your page go to [www.justgiving.com/campaign/Miles4Radiotherapy2022](http://www.justgiving.com/campaign/Miles4Radiotherapy2022) and you can download our sponsorship forms [here](#).



Keep going... 

# How do I get involved?

## The 5 Steps...

(Continued)

3

### Shout about what you're doing

Let everyone know about your challenge and raise awareness of Radiotherapy UK with our fab **social media posts**. You can download **option 1** or **option 2**.

4

### Join the radiotherapy community

Keep up to date on all the chat, encouragement and fun of the Miles4Radiotherapy crew! This is a community that will support you and each other all the way! Please send us your stories, personal challenges and anything amazing, challenging or incredibly silly that you are doing! And don't forget to follow us on our socials:



**Twitter:**

[radiotherapy\\_uk](#)

**Instagram:**

[radiotherapy\\_uk](#)

**Facebook:**

[radiotherapyuk](#)

5

### Get out there and Move!

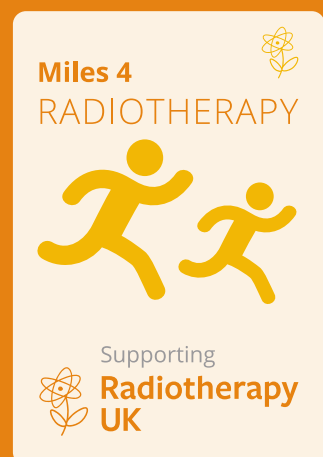
Take on that personal challenge, don your eye-catching tshirt and move – knowing that you are totally awesome AND supporting the work of Radiotherapy UK!

 Twitter: @radiotherapy\_uk

 Instagram: @radiotherapy\_uk

 Facebook: radiotherapyuk

[www.radiotherapy.org.uk](http://www.radiotherapy.org.uk)



**Radiotherapy UK**  
Registered as a charity in England and Wales.  
Charity number 1135902.