MILES 4 RADIOTHERAPY 2026

Radiotherapy UK

Set up your fundraising page here

SCAN ME !

WELCOME TO

MILES4RADIOTHERAPY 2026

Join our fitness family, launch your active era, and support radiotherapy resources that comfort, inform and empower UK cancer patients.



Registered with FUNDRAISING REGULATOR

Take part from **anywhere** in the world | **Free** fitness app included in entry | Scoreboards to keep you **motivated** | Brilliant spot **prizes** throughout | Support a **small charity** with a big mission | Bring your work team **together**

www.radiotherapy.org.uk

Charity registered in England and Wales (1135902)

Radiotherapy UK

WITH THANKS TO OUR HEADLINE SPONSOR

WELCOME TO M4RT 2026!

YOUR HEALTH GOALS START HERE

We can't wait to spend summer together for our virtual summer challenge!

Throughout July and August #Miles4Radiotherapy gives you the support needed to kickstart, maintain or next level your fitness.

Get a team together for that extra accountability (or join ours) and jog, walk, peddle, dance and wheel to help UK cancer patients get the trusted information they need.

WHY FUNDRAISE?

Radiotherapy UK's **Patients and Families online hub** launched in May 2025, and has helped more than 30,000 people access trusted, empowering patient information about radiotherapy.

Previous participants in #Miles4Radiotherapy helped fund the hard work it took to launch - so a massive thank you to YOU!



Now we have more to do. Every penny raised by this year's challenge mean more videos, more inclusion and a chance to break the loneliness and confusion of cancer.

Jo and Naman from Rad Chat are our media partners for 2026!

www.radiotherapy.org.uk
Charity No. 1135902

Find us on social media!

GETTING STARTED

Kick off your summer challenge in five easy steps!

MILES 4 RADIOTHERAPY 2026

Step 1 | Download Race at Your Pace app

Track your progress, sync with Strava, join the leaderboards and convert **any** activity into miles.

Step 2 | Pick your challenge

Walk, run, cycle, swim, or dance your miles. Better yet, combine your favourites to build momentum.

Step 3 | Individual goals, team efforts

This year we are aiming for 200,000 miles - double last year's total, so every mile you achieve gets us closer.

Step 4 | Share and fundraise

Share your experiences and raise funds to help UK cancer patients access resources that comfort and inform.

Step 5 | Connect with your fitness family

Share your highs on socials using #Miles4Radiotherapy and nominate your team for a shout-out.

This year's app has a new points system - so teams of all sizes, doing all kinds of activities, can compete for the top spot!



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I'M TAKING PART IN THE MILES4RADIOTHERAPY CHALLENGE

PLEASE SPONSOR ME IF YOU CAN, TO SUPPORT TRUSTED PATIENT INFORMATION

NAME	CONTACT DETAILS	AMOUNT



PREFER TO DONATE ONLINE?

Scan the QR code below or use my fundraising page, just ask me for the link!

TOP TIP: WANT TO ADD GIFT AID TO YOUR DONATION? PLEASE DONATE ONLINE!

SCAN ME !

YOUR SUPPORT MATTERS TO UK CANCER PATIENTS

£50 £50 can help create printable resources that patients can take to appointments, giving them guidance and confidence to ask questions and understand their treatment.

£100 Every £100 can help us produce clear, down-to-earth videos explaining treatment options for patients.

£200 Every £200 empowers patients to share their cancer journey, recovery and treatment; helping others feel informed, supported and less alone.

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